

Other Subjects:

PE – Complete two hours of exercise over the course of the week. You might like to follow something online eg P.E with Joe or you could create a circuit of simple activities to complete in your garden eg skipping for one minute, running on the spot, bouncing and catching a ball.

PSHE- Physical Health and Well Being

LO: To understand how exercise can help my physical health and mental wellbeing

- 1) What are your favourite ways of being active?
- 2) How do you feel after you have been active?

How do you think exercise helps your body and mind and what are the benefits?

<https://www.youtube.com/watch?v=wWGULLAa000>

Mind

Body

Your body

Here are some of the important parts of your body. Can anyone name them?



Lungs

Bones

Heart

Muscles

Can you describe the important job that they each do?

- Make a list of other things you can do to help you keep physically healthy.

Art – Artist Study

- What sort of person do you think this artist was?

- What kind of life do you think they had?



- Where do you think they lived?



- How long ago do you think they painted?



In art we are going to be learning about the artist Laurel Burch.

LO: Analyse the work of Laurel Burch and collect information to help you develop your ideas.

Task:

Use the internet to research Laurel Burch.

Complete the research sheet answering the questions.

Top tip: Use the bold headings in your booklet to help with your internet search - or search Laurel Burch Wikipedia



Artist Study - Laurel Burch



About Laurel Burch

When and where was she born?

What were her early years like?

Laurel's Artwork

What subject matter did she choose to paint?

Describe Burch's artwork? (What is it like? eg. Colour)

What feelings do you have about Burch's work?

Would you like to have one of Burch's paintings on your wall? Explain your decision.

Watch this short interview with Laurel Burch to learn more about her life.

https://www.youtube.com/watch?v=sQ6Je19_POQ

Science – Earth and Space

There has always been a debate about the shape of the Earth. Some think it is flat, others think it is a sphere. Using the internet or books you might own, research the Flat Earth Theory and the Spherical Earth theory and produce a piece of writing.

Paragraph 1 - what is the Flat Earth Theory

Paragraph 2 - what is the Spherical Earth Theory

Paragraph 3 - Conclusion - What do you think?

Key Words:	square
flat	spherical
sphere	observations
evidence	support
change	ideas
refute	circle

Sentence starters:
It was believed that ____ Some people think that ____
In the past ____ The evidence supports the idea ____
The evidence from ____ shows ____
In addition, there is evidence ____
It is clear from the evidence of ____ that ____

Draw what you think the Earth, Sun and Moon look like and colour it in. Make sure you think about the size of each picture.

RE – Rules for Living (focus on Christianity and Judaism)

How much do you already know about Christianity and Judaism? Complete the following sentences about each religion.

What can you already tell me about Christianity?

Christians believe...

The holy book of Christianity is...

Christians often...

The place of worship for Christians is...

Most Christians celebrate...

The symbol of Christianity is...

In the Christian community, people...



What can you already tell me about Judaism?

Jewish people believe...

The holy book of Judaism is...

Jews often...

The place of worship for Jews is...

The symbol of Judaism is...

In the Jewish community, people...

