

Upcoming free online workshops for parents/carers of children and young people who are awaiting assessment or displaying traits of ASD and/or ADHD.

NESSie and Angels Parent Workshops

Date	Time	Title
Tuesday 11th January	1.00pm - 2.30pm	<u>Supporting Siblings of Children with Additional Needs</u>
Tuesday 18th January	7.30pm - 9.00pm	<u>Supporting Children with Additional Needs - Girls and Women</u>

Tuesday 25th January	1.00pm - 2.30pm	<u>Supporting Siblings of Children with Additional Needs</u>
Monday 31st January	1.00pm - 2.30pm	<u>Supporting Children with Additional Needs - Bereavement and Loss</u>
Wednesday 2nd February	12.00pm - 1.30pm	<u>Supporting Children with Additional Needs - Girls and Women</u>
Tuesday 8th February	1.00pm - 2.30pm	<u>Supporting Siblings of Children with Additional Needs</u>
Wednesday 23rd February	12.00pm - 1.30pm	<u>Supporting Children with Additional Needs - Girls and Women</u>
Tuesday 1st March	1.00pm - 2.30pm	<u>Supporting Children with Additional Needs - Relationships and Sexuality</u>
		<u>Supporting Siblings of</u>

Still Spaces Available: Supporting Siblings of Children with Additional Needs on Tuesday 11th January, 1.00pm-2.30pm

WORKSHOP OVERVIEW:

This forum is designed to assist parents/carers in supporting siblings of children with additional needs

This online training aims to:

- Support parents to understand the experience of siblings
- Address how to support them to grow up with resilience and good mental wellbeing alongside their sibling with the condition
- Identify additional resources and sources of support for siblings

Venue: Online. *A link will be sent out via email on the morning of the training*

Cost : FREE. Funded by Hertfordshire County Council